

Little Friends **PRESCHOOL**

Little Friends

PRESCHOOL

COVID-19 RE-ENTRY HANDBOOK

Table of Contents

Introduction	3
Health Guidelines	4
Daily Screening Expectations	4
Student Illness at School	6
Return to School	6
Confirmed cases of COVID-19.....	6
Students with Pre-Existing Conditions.....	7
Disclosure and Confidentiality	7
Hygiene	8
School Operations	9
Physical Distancing and Masking	9
Student Arrival and Entry	9
Pick Up Procedure	12
Cohorts	12
Large Gatherings.....	12
Snack.....	13
Washrooms.....	13
Educational Program Changes	13
Programming	13
Field Trips	13
Gross Motor Play	14
Facilities Cleaning & Personal Protective Equipment	14
Staff Guidelines	14
Screening, Time-off.....	14
Substitute Teaching	15
Employee Hygiene	15
Illness While at the School.....	15
Staff Safety Protocols	16
Supporting the Mental Health of our Community	17
<u>Appendix A – COVID-19 Self-Screening Questionnaire - Children</u>	18
Appendix C – Management of Children who are tested for COVID-19	21
Appendix D – Management of Adults who are tested for COVID-19	22
Appendix E – Declaration of Return to School	23

Introduction

Little Friends is committed to the health and safety of its students, staff and community during this COVID-19 pandemic. This handbook is intended to communicate key re-entry principles to Little Friends families, staff and board of directors, the Government of Alberta, and Alberta Health Services. Guidance documents from the provincial government can be found [here](#).

This handbook has been created during the COVID-19 Pandemic. The handbook will be applicable beginning January 2020 and will remain active for the January – June 2021 school term, or until the board of directors announces that it is no longer active. Where this handbook conflicts with another Little Friends policy or procedure, this handbook will take precedence. This handbook may change over time, depending on the latest government guidance.

This handbook was prepared in accordance with the following key principles:

- Student and staff safety are a key priority.
- Student learning and interaction with peers during the pandemic is essential.
- Risks of COVID-19 spread should be minimized whenever possible.
- Little Friends School staff, parents and students are all partners in keeping our community safe – we are all in this together.

This handbook outlines the following:

- Health Guidelines – new expectations for parents and students

- School Operations – changes to school operations to manage risk
- Educational Program Changes – changes to educational planning to manage risk
- Facilities Cleaning and Personal Protective Equipment – strategies to keep our facility and community safe during the pandemic
- Staff Guidelines – how our staff will be staying safe and encouraging our students to stay safe
- Community Mental Health Resources
- Appendices

Health Guidelines

Daily Screening Expectations

Parents/guardians must assess their children daily for symptoms of common cold, influenza, COVID-19 or any other health symptom by completing the Alberta government's [COVID-19 Self-Screening Questionnaire](#) to determine whether they can attend or must stay home. Please see Appendix A. The document must be completed and submitted at drop off. Any parent/guardian entering the school to drop off their child must take the same assessment. We do not require submission of the parental self-assessment. If the child or parent answers 'yes' to any question in the questionnaire, they **must not** enter the school building. ***If your child or anyone in your family is exhibiting symptoms consistent with Covid-19, please do not bring your child to Little Friends.***

As outlined in the staff section, all staff will need to follow the same screening procedures. Parents/guardians must stay apprised of the latest list of symptoms for COVID-19, provided by Alberta Health Services. At the time of writing, symptoms include:

Core symptoms:

- Fever
- Cough
- Shortness of Breath / Difficulty Breathing
- Loss of sense of taste or smell

Other symptoms:

- Sore throat
- Chills
- Painful swallowing
- Runny Nose / Nasal Congestion
- Feeling unwell / Fatigued
- Nausea / Vomiting / Diarrhea
- Unexplained loss of appetite
- Muscle/ Joint aches
- Headache
- Conjunctivitis (Pink Eye)

Student Illness at School

If a student develops or exhibits COVID-19 related symptoms while at the school, the student will be asked to wear a non-medical mask and be isolated in a space that is 2 meters away from others. Staff supervising symptomatic students will wear gloves, mask and face shield while attending the student, and adhere to strict hand washing techniques before and after. The parent/guardian will be notified to come and pick up the student immediately. It is the expectation that the student is picked up within thirty minutes. Parents/guardians must have an additional emergency contact available for pick-up in the event they are not able to pick-up within thirty minutes. All items the student touched will be cleaned and disinfected as soon as the student has been picked up. All of the student's items will be sent home with the student when picked up.

Parents/guardians must then complete the COVID-19 Self-Assessment for Albertans online, to identify whether or not COVID-19 testing is required for their child. If the assessment indicates that testing is required, the child must be tested and complete their legal obligations as set for by AHS before returning to school.

Return to School

If the child is cleared to return to school, parents/guardians must send a signed copy of the attached declaration in Appendix E to the Board of Directors (president@littlefriendsedm.com) confirming that their child is no longer legally required to isolate before re-entry to school is permitted.

Confirmed cases of COVID-19

If there are cases of COVID-19 identified within school settings, Little Friends' Zone Medical Officer of Health will work directly with the Board to provide follow-up recommendations and messaging for staff, parents/guardians and students.

Alberta Health Services may request the school suspend on-site classes to allow a public health investigation to take place. The decision to send a

class home or to close the school will be made by the local Medical Officer of Health.

If two or more children are identified as having symptoms consistent with COVID-19, Little Friends will follow outbreak notification procedures as per routine zone protocols.

Any program connected to a confirmed or probable case of COVID-19 will be required to close for a minimum of 72 hours to allow contact tracing, and then adhere to recommendations from Alberta Health Services.

We encourage you to inform LF if your child has tested positive for Covid-19 or has needed to isolate or quarantine to ensure we can continue to keep our students and staff safe and healthy. We thank you for your co-operation, and the role you play in keeping our school and staff healthy and safe. For more information, please see the section on Disclosure and Confidentiality below.

Students with Pre-Existing Conditions

Individuals who have allergies or ongoing health issues and who are exhibiting COVID-like symptom(s) must be tested at least once according to guidance from Alberta Health Services. This will establish a baseline for the individual. If symptom(s) change (worsen, additional symptoms, change in baseline) the individual must stay home and be tested and cleared. Little Friends will keep onsite a list of student's pre-existing conditions as reported on registration documents. (i.e.: allergies, etc.).

Disclosure and Confidentiality

Recent reports suggest that contact tracing with Alberta Health Services is overwhelmed by the current number of cases in the City of Edmonton and it may take several days (or longer) to contact Little Friends in the event of a student's confirmed case of COVID-19. This delay could have serious implications for spread within the school and community. ***For these reasons we are asking parents/guardians to please contact the President of the Board directly and immediately at president@littlefriendsdm.com***

if anyone in your household has a confirmed case of COVID-19 or is a close contact of a confirmed or probable case of COVID-19. This information will allow us to assess the risk of transmission within our school, develop close contact and isolation lists, and inform our staff and other impacted households as soon as possible to prevent further spread. Please see Appendix C & D for details on management of children and adults who have symptoms of Covid-19.

Please be advised that we will always keep you, your child and your household's private health information in confidence and that we will never identify your child in any way in the process of notifying other households.

Hygiene

Little Friends will promote frequent and proper hand hygiene for students. Students must sanitize or wash their hands before and after eating, when entering the building, when leaving the building, when entering and leaving classrooms, and when leaving washrooms. Proper hand washing procedure includes washing your hands with soap and water for at least 20 seconds. Hand sanitizer will be placed at entrances/exits, classrooms and high traffic areas.

Signage has been placed throughout the facility to encourage proper hand hygiene and the regular practice of hand washing or sanitizing. Staff will encourage and model proper hand washing, sanitizing, and distancing measures for students to observe and place into practice.

Little Friends students will also be expected and encouraged to follow proper respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in the trash, replacing contaminated mask with a fresh mask), if they become symptomatic while at school. **No symptomatic child shall be sent to school.**

School Operations

Physical Distancing and Masking

As much as possible, physical distancing between students will be maintained to minimize risk. However, even with Little Friends small class cohort sizes, it is not possible to maintain physical distancing inside the classroom. **Therefore, everyone in the school must wear masks at all times.**

Student Arrival and Entry

Drop off:

Toddler Room - 9:00

Playschool/Playroom - 9:15

Pick up:

Toddler Room- 11:15

Playschool/Playroom - 11:30

There is no access the school before 8:55 a.m. Parents and students should have their masks on before they exit their vehicle.

Please be on time. **Late arrivals are not permitted** as this will result in the potential mixing of cohort groups.

Please limit to one parent/guardian per family to drop off/pick up children. It is strongly recommended whenever possible to have the same parent/guardian designated for all drop offs/pick ups to allow for more efficient contact tracking in the event of an outbreak. Visitors are not permitted to enter Little Friends.

BEFORE LEAVING HOME:

1. Take your child's temperature and fill out the screening questionnaire *before leaving home* (Appendix A). **If your child or**

anyone in your family is exhibiting symptoms consistent with Covid-19, please do not bring your child to Little Friends.

2. Take your child to the washroom immediately before leaving home. *Parents/guardians are not permitted to access the washrooms at Little Friends, and thus will not be able to take their children to the bathroom at school.*

For reference, normal temperatures are:

Mouth: 35.5-37.5°C (95.9-99.5°F)

Underarm: 36.5-37.5°C (97.7-99.5°F)

Ear (not recommended for children under 2 years): 35.8-38.0°C (96.4-100.4°F)

Forehead: 36.6-38.0°C (97.9-100.4°F)

If your child's temperature registers above normal values, please keep them at home.

ONCE AT SCHOOL:

Please remain in your vehicle until a spot is available at the door. Doors open 5 minutes before class begins. There is no entry into the building before this time.

Please enter through the doors on 147th street. Please wear a mask and attempt to social distance as much as possible in our limited space.

One family stays in the main landing area until a spot is available at the bottom of the stairs. Please remove all footwear; parents/guardians and children are to bring their footwear with them downstairs. Children will place their footwear in their labeled bin.

One family remains at the bottom of the stairs until the spot is available in front of the cubbies.

Upon entering the program area, please sanitize your child's hands as well as your own.

Place your completed screening questionnaire in the basket outside the classroom. Records will be kept for two weeks in accordance with government guidelines.

PS/PR families – please wait until the student at cubbies has removed their outside clothes, sanitized hands, and that family has made their way to classroom door to be welcomed by teacher.

TR families - please wait until the student's outside shoes are put in cubby, and that student has been welcomed into the class by teacher.

Please note - TR families - - as other families will be waiting to enter the space, drop off **MUST** be completed as quickly as possible. Please do not linger at the TR door or in the downstairs space.

Small backpacks are recommended. At the end of the day, no student belongings will be left in the classroom for cleaning purposes.

Staff will welcome students at the classroom door, take their temperature, and help them to wash their hands. ***Parents/guardians may not enter the classrooms.***

Parents/guardians will exit through the fire escape door at the far end of the auditorium.

Please minimize your time spent in the space and do not linger. Please keep 2 meters away from staff and other families. Please leave the premises as quickly as possible. We encourage visiting with other parents to take place at a safe distance outside, away from the path to/from entrances and exits.

Please **DO NOT** bring unnecessary personal items into the school (i.e. comfort items, stuffies). Indoor shoes and extra clothes/diapers will be dropped off at the on the first day and will remain at school. Please label all

personal items that will remain at school. More information on this will come from the teachers closer to the start of the term.

Pick Up Procedure

Parents/guardians are to wait outside the school for their child's designated pick up time. Parents/guardians are expected to follow the same social distance entrance procedure to the classrooms as was observed during drop off.

PS/PR parents/guardians - collect child's outerwear and proceed to marked spots.

TR parents/ guardians - collect child's outdoor shoes and proceed to marked spots.

Teachers will send students out one at a time. Parents/caregivers will get their child ready on their marked spot and proceed out the fire exit. Please maintain distance between other families while exiting.

Cohorts

As has been communicated by Alberta Health Services, limiting exposure to others reduces the risk of transmission of COVID-19. In light of this, cohorting has been an encouraged form of practice. A cohort is defined as a group of students and staff who remain together. Contact tracing is also more feasible when groups (cohorts) are maintained. Little Friends students will be cohorted by classroom. The cohorts will stay in the same space, and teachers will move between spaces if applicable. Cohorts cannot mix, or be within the same room/space at the same time, including drop off and pick-ups. Each cohort will have designated toys and equipment, which will be sanitized frequently. Any items that cannot be cleaned and disinfected will not be in use. Teachers have created individual sensory tables and Play Doh, or have discontinued the use of these materials at this time.

Large Gatherings

Large gatherings such as assemblies or celebrations will be postponed until

further notice.

Snack

Little Friends will provide snack to students in all classrooms. A portion of the social fee will fund the provision of snack. A designated staff member will serve snack to each child in individual portions. There will be no common food items. According to licensing requirements, the snack must include two food groups, cannot be homemade and must be brought in whole and apportioned on the premises. *No snacks containing nuts, peanuts, peanut butter or nut oil/flavourings are permitted.* Water will be served with all snacks.

Washrooms

Little Friends has the exclusive use of the women's washroom during the week. Two stalls will be dedicated to Playroom/Playschool, and one stall will be dedicated to Toddler Room. Washrooms will be cleaned daily. Parents will not have access to the women's washroom so as to limit the area to the preschool cohort.

Educational Program Changes

Programming

Little Friends remains dedicated to providing a high quality, learn through play classroom environment during the pandemic. Some activities will be modified, but our staff strives to offer the best programming possible under the current government guidelines.

Field Trips

Field trips and the Artist in Residence Program have been postponed at this time to reduce the number of people in the school, in keeping with

provincial guidelines.

Gross Motor Play

Due to provincial guidelines that limit multiple cohorts from using a shared space, gross motor play will be limited to within the classroom and outdoors, weather permitting. *Please send your child to school dressed appropriately for the weather*, as some days the weather is too nice to ignore. Teachers will communicate any planned outdoor activities in advance.

Facilities Cleaning & Personal Protective Equipment

A thorough cleaning of the facilities has taken place prior to re-entry and procedures are in place to ensure increased cleaning practices and efficiencies.

Increased frequency of cleaning and disinfecting of high-touch areas and equipment (e.g. doorknobs, counters) inside and outside classrooms will be conducted. All washrooms and high-touch areas will be cleaned frequently. Cleaning logs will be kept and maintained.

Teachers will also be encouraged to sanitize their work areas regularly and to wipe down any shared equipment or items after each use.

Staff Guidelines

Screening, Time-off

Staff will not be allowed into the building if exhibiting symptoms of COVID-19. All staff are expected to complete the self-assessment questionnaire in before going to work. Staff will be expected to complete the AHS COVID-19 self-assessment daily if symptomatic, and must have a negative test before returning to school.

Substitute Teaching

Little Friends recognizes that it may incur increased staff absenteeism due to its strict screening policies. As such, Little Friends has worked to increase its list of substitute teachers to ensure availability of substitutes. Little Friends also encourages internal coverage where possible. Any teachers who are staying home from work due to illness are encouraged to complete the AHS COVID-19 Self-Assessment as soon as possible, so that they may get tested and return to work as soon as they have received clearance from AHS to do so.

Employee Hygiene

Little Friends promotes frequent and proper hand hygiene for employees. Staff must wash their hands before and after eating, when entering the building, when leaving the building, when entering class spaces and when leaving class spaces. Where hand washing is not practical, hand sanitizing is required. Proper hand washing procedure includes washing your hands with soap and water for at least 20 seconds or using the provided hand sanitizer. Hand washing with soap and water is required if a staff member has visibly dirty hands.

Hand sanitizer will be placed at entrances/exits, classrooms and high traffic areas.

Little Friends staff should also follow proper respiratory etiquette (e.g., coughing or sneezing into a bent elbow, promptly disposing of used tissues in the trash, applying a fresh mask etc.).

Signage has been placed throughout the facility to encourage proper hand hygiene and the regular practice of hand washing.

Illness While at the School

Staff members will not enter the building if they have symptoms of COVID-19. Little Friends will maintain a zero tolerance policy for illness, for both staff and students.

If an employee becomes sick while at work, the following requirements apply:

- Staff who begin having COVID-19 symptoms while at school should immediately inform the President and Personnel Director and leave to begin self-isolation. Coverage will be provided.
- Once a sick individual has left the workplace, staff will clean and disinfect all surfaces and areas with which they may have come into contact.
- The Little Friends Board will consider and record the names of all close contacts (staff and students) with whom the sick worker has been in contact with that day and in the 48 hours prior to when the symptoms started while in school. This information may be necessary if the sick employee later tests positive for COVID-19.

Staff Safety Protocols

As per direction by AHS, physical distancing will be required where possible in shared spaces such as the hallways, washrooms and classrooms.

Physical distancing is expected at all meetings. Meetings will be held via Zoom if adequate space is not available for all participants of the meeting to physically distance (e.g. staff meetings).

It is an expectation that all staff will model appropriate hand hygiene and physical distancing practices to the students throughout the day and encourage students to adhere to these practices.

Supporting the Mental Health of our Community

Little Friends recognizes the negative effect on mental health that this pandemic has had for our community. Parents/guardians who are concerned for their child's well being can reach out to these community resources:

- **Mental Health Helpline: 1-877-303-2642** This toll-free helpline provides confidential and anonymous services, crisis intervention, information about mental-health services and referrals to other agencies.
- **Kids Help Phone: 1-800-668-6868** - kidshelpphone.ca - Text CONNECT to 686868
- **Health Link: 811**
- **Alberta Health Services** - Help in Tough Times - Healthy Together
- The federal First Nations and Inuit Hope for Wellness Help Line, at 1-855-242-3310 and online chat (in English and French), is available 24 hours a day, seven days a week.

Appendix A – COVID-19 Self-Screening Questionnaire - Children

NAME OF STUDENT: _____

NAME OF PARENT/GUARDIAN: _____

COVID-19 INFORMATION

CONTACT NUMBER: _____

DROP OFF TIME: _____

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten to Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, child care or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

Screening Questions

1. Has the child:

(Choose any/all possible exposures)

Traveled outside Canada in the last 14 days? When entering or returning to Alberta from outside Canada, individuals are legally required to quarantine for 14 days unless enrolled in the Alberta COVID-19 International Border Pilot Project	YES	NO
Had close contact with a case of COVID-19 in the last 14 days? Face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging	YES	NO
If the child answered "YES" to any of the above: <ul style="list-style-type: none"> • The child is required to quarantine for 14 days from the last day of exposure. <ul style="list-style-type: none"> ○ If the child is participating in the Alberta COVID-19 International Border Pilot Project, they must comply with the program restrictions at all times. • If the child develops any symptoms, use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. 		
If the child answered "NO" to both of the above: <ul style="list-style-type: none"> • Proceed to question 2. 		

2. Does the child have any new onset (or worsening) of the following core symptoms:

Fever Temperature of 38 degrees Celsius or higher	YES	NO
Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
Shortness of breath Continuous, out of breath, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
If the child answered "YES" to any symptom in question 2: <ul style="list-style-type: none"> • The child is to isolate for 10 days from onset of symptoms. • Use the AHS Online Assessment Tool or call Health Link 811 to arrange for testing and to receive additional information on isolation. 		
If the child answered "NO" to all of the symptoms in question 2: <ul style="list-style-type: none"> • Proceed to question 3. 		

Appendix A – COVID-19 Self-Screening Questionnaire – Children - continued

3. Does the child have any new onset (or worsening) of the following other symptoms:

	YES	NO
Chills Without fever, not related to being outside in cold weather		
Sore throat/painful swallowing Not related to other known causes/conditions, such as seasonal allergies or reflux		
Runny nose/congestion Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather		
Feeling unwell/fatigued Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury		
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions, such as anxiety, medication or irritable bowel syndrome		
Unexplained loss of appetite Not related to other known causes or conditions, such as anxiety or medication		
Muscle/joint aches Not related to other known causes or conditions, such as arthritis or injury		
Headache Not related to other known causes or conditions, such as tension-type headaches or chronic migraines		
Conjunctivitis (commonly known as pink eye)		
<p>If the child answered “YES” to ONE symptom in question 3:</p> <ul style="list-style-type: none"> Keep your child home and monitor for 24 hours. If their symptom is improving after 24 hours, they can return to school and activities when they feel well enough to go. Testing is not necessary. If the symptom does not improve or worsens after 24 hours (or if additional symptoms emerge), use the AHS Online Assessment Tool or call Health Link 811 to check if testing is recommended. <p>If the child answered “YES” to TWO OR MORE symptoms in question 3:</p> <ul style="list-style-type: none"> Keep your child home. Use the AHS Online Assessment Tool or call Health Link 811 to determine if testing is recommended. Your child can return to school and activities once their symptoms go away as long as it has been at least 24 hours since their symptoms started. <p>If the child answered “NO” to all questions:</p> <ul style="list-style-type: none"> Your child may attend school, child care and/or other activities. 		

Please note: If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started/until symptoms resolve (whichever is longer), unless they receive a negative COVID-19 test result and feel better.

Appendix B – COVID-19 Self-Screening Questionnaire – Adults

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support schools, activity organizers, employers, businesses and facility operators in reducing the risk of transmission of COVID-19 among attendees/staff. The tool is meant to assist with assessing attendees who may be symptomatic, or who may have been exposed to someone who is ill or has confirmed COVID-19.

Attendees should complete this checklist prior to participating in the activity or program.

If an individual answers **YES** to any of the questions, they **must not** be allowed to attend or participate in the activity or program. *Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days per [CMOH Order 05-2020](#) **OR** receive a negative COVID-19 test and feel better before returning to activities.

Use the [AHS Online Assessment Tool](#) to determine if testing is recommended and follow information on [isolation requirements](#).

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

Screening Questions

		CIRCLE ONE	
1.	Does the attendee have any new onset (or worsening) of any of the following symptoms:	YES	NO
	• <i>Fever*</i>	YES	NO
	• <i>Cough*</i>	YES	NO
	• <i>Shortness of breath / difficulty breathing*</i>	YES	NO
	• <i>Runny nose*</i>	YES	NO
	• <i>Sore throat*</i>	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ joint aches	YES	NO
• Headache	YES	NO	
• Conjunctivitis (commonly known as pink eye)	YES	NO	
2.	Has the attendee travelled outside Canada in the last 14 days? (Individuals are legally required to quarantine for 14 days when entering or returning to Alberta from outside Canada unless exempted by the Alberta COVID-19 Border Testing Pilot Program.)	YES	NO
3.	Has the attendee had close contact ¹ with a case of COVID-19 in the last 14 days?	YES	NO

¹ Face-to-face contact within 2 metres. A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.

Appendix C – Management of Children who are tested for COVID-19

Symptoms	COVID-19 Test Result:	Management of Individual:	Management of Individual's Close Contacts*:
Symptomatic	Positive	Isolate for a minimum 10 days or until symptoms resolve, whichever is longer.	Quarantine for 14 days from last exposure.
	Negative	Stay home until symptoms resolve. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure (even with negative result).	N/A
	Not tested	If symptoms include fever, cough, shortness of breath or loss of sense of taste/smell: Isolate for a minimum for 10 days or until symptoms resolve, whichever is longer. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure.	N/A Except if symptomatic individual identified as a close contact of a confirmed case: Close contacts of this individual should quarantine for 14 days from last exposure to this individual.
		If other symptoms (chills, sore throat/painful swallowing, runny nose/congestion, feeling unwell/fatigued, nausea/vomiting/diarrhea, unexplained loss of appetite, muscle/joint aches, headache or conjunctivitis): <ul style="list-style-type: none">• ONE symptom: stay home, monitor for 24h. If improves, return when well enough to go (testing not necessary).• TWO symptoms OR ONE symptom that persists or worsens: Stay home until symptom(s) resolve (testing recommended but not required). Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure.	N/A
Asymptomatic	Positive	Isolate for a minimum of 10 days from the collection date of the swab.	Quarantine for 14 days from last exposure.
	Negative	No isolation required. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure (even with negative result).	N/A

Appendix D – Management of Adults who are tested for COVID-19

Symptoms	COVID-19 Test Result:	Management of Individual:	Management of Individual's Close Contacts*:
Symptomatic	Positive	Isolate for a minimum 10 days or until symptoms resolve, whichever is longer.	Quarantine for 14 days from last exposure.
	Negative	Stay home until symptoms resolve. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure (even with a negative result).	N/A
	Not tested	If symptoms include fever, cough, shortness of breath, sore throat or runny nose: Isolate for a minimum for 10 days or until symptoms resolve, whichever is longer. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure.	N/A Except if symptomatic individual identified as a close contact of a confirmed case: Close contacts of this individual should quarantine for 14 days from last exposure to this individual.
		If other symptoms, stay home until symptoms resolve. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure.	N/A
Asymptomatic	Positive	Isolate for a minimum of 10 days from the collection date of the swab.	Quarantine for 14 days from last exposure.
	Negative	No isolation required. Except if identified as a close contact of a confirmed case: Quarantine for 14 days since the last exposure (even with a negative result).	N/A

*Close Contacts:

- Provide direct care for an individual with COVID-19 or who had similar close physical contact OR
- Had close prolonged contact OR
- Had direct contact with infectious body fluids of an individual with COVID-19 (i.e., was coughed or sneezed on).

Appendix E – Declaration of Return to School

Declaration of Return to School

My child has completed the isolation period *if required by Alberta Health Services*, is symptom free and able to return to school as per Alberta Health Services guidance for children attending school.

Student's Name

Parent/Guardian Name

Date

Parent/Guardian Signature